

Seizure Information				
Please Check	Seizure Type	Description	Length	Frequency
	Simple Partial	Remains conscious, twitching or numb sensation, usually lasting less than 30 seconds.		
	Complex Partial	Altered consciousness, transient staring, feelings of unreality and detachment. May have hallucinations, unexplained feelings of fear, disrupted memory, teeth grinding, lip smacking, chewing, swallowing, scratching or pulling at buttons. Lasts usually no longer than 1-2 minutes.		
	Tonic-Clonic	Abrupt arrest of activity, loss of consciousness, symmetrical and rhythmical alterations of contraction and relaxation of major muscle groups. Ends suddenly in less than 5 minutes.		
	Atonic	Abrupt loss of postural tone, loss of consciousness, confusion, lethargy and sleep. May just fall asleep suddenly; when laughing, the child may fall down.		
	Myoclonic	Brief random contractions of a muscle group, may occur on one side of the body, no loss of consciousness.		
	Absence	Very brief periods of altered awareness, eyelids may flutter or twitch, blank facial expression, lasts 5-10 seconds but can occur repeatedly.		
	Tonic	Lack of movement, stiffening of the entire body musculature, arms flex, legs, neck and head extend. Peculiar, piercing cry, cyanosis (blushing coloring to skin), may temporarily stop breathing, increased salivation.		
	Akinetic	No movement, but muscle tone is maintained. Like "freezing into position" may lose consciousness.		

Basic Seizure First Aid	
<ul style="list-style-type: none"> Stay calm & track time 	For tonic-clonic seizure:
<ul style="list-style-type: none"> Keep child safe 	<ul style="list-style-type: none"> Protect head
<ul style="list-style-type: none"> Do not restrain 	<ul style="list-style-type: none"> Keep airway open/watch breathing
<ul style="list-style-type: none"> Do not put anything in mouth 	<ul style="list-style-type: none"> Turn child on side
<ul style="list-style-type: none"> Stay with child until fully conscious 	
<ul style="list-style-type: none"> Record seizure in log 	

Please note that the Naperville Park District and WDSRA staff will not administer Diastat in the event of a seizure. We also wish to emphasize that our staff is not licensed or medically trained in diagnosing and/or assessing emergency medical conditions or seizure disorders. Therefore, even with sound judgment and discretion, staff may not perceive and/or react to a medical emergency to the same degree or in the same manner as medically trained professionals or parents experienced in handling family medical emergencies.

Parent/Guardian Signature: _____ Date: _____