

Naperville Park District's WELLNESS PROGRAM



50-129 POINTS EARNED

Choice of \$50 gift card to:

- Target
- Downtown Naperville
- Fort Hill Activity Center
- Dick's Sporting Goods

TIER 1

130 POINTS EARNED

Choice of 1 personal day OR \$100

131-229 POINTS EARNED

Tier 1 incentive PLUS choice of \$50 gift card to:

- Target
- Downtown Naperville
- Fort Hill Activity Center
- Dick's Sporting Goods

TIER 2

230 POINTS EARNED

Choice of 2 personal days OR \$200

270-299 POINTS EARNED

Tier 2 incentive PLUS be entered into a drawing* for \$25 gift card to:

- Target
- Downtown Naperville
- Fort Hill Activity Center
- Dick's Sporting Goods

**Two winners selected for gift card drawing.*

300+ POINTS EARNED

Tier 2 incentive PLUS be entered into a drawing for a personal training package at Fort Hill Activity Center

Achieving Tier 1 can be as easy as...

Completing Health Evaluation (Oct.)	=	75 points
Completing Online Health Assessment	=	25 points
Having a dental exam	=	20 points
Attending a Lunch N' Learn	=	10 points
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		130 points

Mid-year drawing:

Participants with 50 points by June 1 will be entered into a prize drawing.

\$50 gift cards earned in the wellness program will be treated as taxable income for employees, similar to the free and discounted program benefits for employees and their eligible dependents.