

PREMIER FITNESS

CLASS SCHEDULE

TRX

Session	Time	Instructor	Fees	Registration Code
Mondays, July 23– August 27	6:30 – 7:25pm	Jim/Jodi	F \$75/ R \$94/ NR \$124	27165
Wednesdays, July 25-August 29	9:45 – 10:40am	Karen M.	F \$75/ R \$94/ NR \$124	27166
	11:45 – 12:40pm	Karen M.	F \$75/ R \$94/ NR \$124	27167
Fridays, July 27-August 31	9:45 – 10:40am	Karen M.	F \$75/ R \$94/ NR \$124	27169
Saturdays, July 28-September 1	8:00 – 8:55am	Jim	F \$75/ R \$94/ NR \$124	27170

TRX EXPRESS

Session	Time	Instructor	Fees	Registration Code
Mondays, July 23-August 27	8:30 – 9:00am	Minerva	F \$37.50/ R \$48/ NR \$72	27312
	12:00 – 12:30pm	Jodi	F \$37.50/ R \$48/ NR \$72	27313
Tuesdays, July 24-August 28	9:30 – 10:00am	Brad	F \$37.50/ R \$48/ NR \$72	27314
Thursdays, July 26-August 30	6:00 – 6:30am	Minerva	F \$37.50/ R \$48/ NR \$72	27530
	12:00-12:30pm	Jodi	F \$37.50/ R \$48/ NR \$72	27315

30/30

Session	Time	Instructor	Fees	Registration Code
Mondays, July 23-August 27	6:00-6:30am	Minerva	F \$37.50/ R \$48/ NR \$72	27012
Thursdays, July 26-August 30	7:05-7:35pm	TBD	F \$37.50/ R \$48/ NR \$72	27014
Fridays, July 27-August 31	12:00-12:30pm	Lisa B.	F \$37.50/ R \$48/ NR \$72	27015

TRIPLE B

Session	Time	Instructor	Fees	Registration Code
Tuesdays, July 24-August 28	10:15-11:10am	Kristina	F \$75/ R \$94/ NR \$124	27378
Thursdays, July 26-August 30	6:00-6:55pm	TBD	F \$75/ R \$94/ NR \$124	27343

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Session	Time	Instructor	Fees	Registration Code
Thursdays, July 26 – August 30	9:45-10:40am	Lisa B.	F \$75/ R \$94/ NR \$124	27131
Saturdays, July 28 – September 1	9:05-10:00am	Anna	F \$75/ R \$94/ NR \$124	27132

SIMPLY BARRE

Session	Time	Instructor	Fees	Registration Code
Mondays, July 16-August 20	11:00-11:55am	Karen O.	F \$50/ R \$63/ NR \$93	27086
Wednesdays, July 18 – August 22	7:00-7:55pm	Leigh Ann/Emi	F \$50/ R \$63/ NR \$93	27088

Registration is now open. Please register by July 16th. Instructors can be subject to change. See website for full class descriptions.

Contact Kristina McGrath with questions at kmcgrath@napervilleparks.org.