

# DANCE ACADEMY



The mission of the Naperville Park District Dance Academy is to provide quality dance training to interested students of all ages. Students learn about dance and appreciation of the art, in addition to steps and technique.



Beginning with our littlest dancers in mind and progressing to all levels of Ballet, Hip Hop, Modern, Jazz, Tap and more, our classes are carefully constructed to provide effective learning environments that are fun and professional, technical and creative and taught by qualified, experienced instructors.

**The Naperville Dance Academy program consists of two areas:**

- 1 **Recital Dance:** 9-month program, culminating in our June dance recital
- 2 **Seasonal Dance:** non-recital, adult dance, specialty classes (please see page 75)

## RECITAL DANCE PROGRAMS: 9 MONTH PROGRAM

Register now for the 2018-2019 season of recital dance programs! These programs run from September-May and participants perform in the annual spring dance recital in June. There will be at least three recital performances. If your child is in multiple classes or you have multiple children in the program they may be in separate performances. Performance line-up is released in April. Each student will receive a specific number of tickets per performance, which will be communicated in April as well. Parent observation opportunities will be held during the season. Please register at least one week prior to the program start date. Parents must attend a five-minute mandatory meeting at their child's first class.

**Rehearsal Date:** Saturday, June 1, 2019

**Recital Date:** Sunday, June 2, 2019

**Location:** Pfeiffer Hall, 310 E. Benton Ave.

**Specific rehearsal and recital times and information will be given in April.**

## RECITAL DANCE FAQs

### How do I register and pay for Recital Dance Programs?

**There are two payment options:**

- Pay in full for the 9 month Recital Dance Program.
- The first payment is due at the time of registration and then enroll in the automatic payment plan where an additional two equal payments will be charged to a credit/debit card. These payments will occur on December 1, 2018 and March 1, 2019. Each class payment will be charged individually. Please call 630-848-5000 to notify us of any credit card changes. Credit/debit cards that are declined will be charged a \$25 service fee by the Naperville Park District and may result in the forfeiture of this payment option.

*Recital Dance FAQs continue next page*

## RECITAL CLASS WEEKS

Mon., Sep. 10-Sat., Dec. 15 and Tue., Jan. 8-Fri., May 24

**FOR DANCE ATTIRE PLEASE VISIT [NAPERVILLEPARKS.ORG/DANCE](http://NAPERVILLEPARKS.ORG/DANCE)**

## How do I pay and get measured for the dance costume?

Included in the cost of the dance program is a nonrefundable dance costume fee. Costumes are ordered at the end of November and this cost is nonrefundable after the order has been placed. **Parents are responsible for alterations if needed. Exchanges will only be made if approved by the instructor and Dance Coordinator and communicated within three days of receiving the costume. Costumes will be passed out in class as they arrive in early 2019.**

## Will more Recital Programs be offered that begin in January?

In the Winter Program Guide, which is released in early December, we will have a few additional new programs that will be a part of the recital. These new recital programs will be beginner level programs for those dancers 3-14 years. If your child is enrolled in a seasonal program for the fall, they will have an opportunity to register for a new recital program that begins in January. Recital classes that begin in the Fall will not be open for registration in the Winter.

For dance attire please visit [www.napervilleparks.org/dance](http://www.napervilleparks.org/dance)

### Dates:

- Mon., Sep. 10-Sat., Dec. 15 and
- Tue., Jan. 8-Fri., May 24

### No Class:

- Mon., Nov. 19-Sat., Nov. 24
- Mon., Dec. 17-Mon., Jan. 7
- Mon., Mar. 25-Mon., Apr. 1
- Sat., Mar. 9 for RCC classes only

### Parent Observation:

- Mon., Oct. 22-Sat., Oct. 27
- Mon., Dec. 10-Sat., Dec. 15
- Mon., Mar. 18-Sat., Mar. 23
- Sat., May 18-Fri., May 24

## RECITAL PROGRAM LEVELS:

**Please note: Students will remain in the same level for multiple years. LOOK AT AGES**

**Junior:** Ages 5-7

**Level 1:** Ages 7-12

**Level 2:** Ages 8-13 (prerequisite of Level 1 or equivalent experience)

**Level 3:** Ages 11-14 (prerequisite of Level 2 or equivalent experience)

**Level 4:** Ages 11-18 (prerequisite of Level 3 or equivalent experience)

**Level 5:** Ages 14-18 (prerequisite of Level 4 or equivalent experience)

*Students in Level 2 and above are strongly encouraged to take at least two classes a week to continue training and improving their technique and skills.*

- Due to the continued growth of our program we are no longer able to offer make-up classes. Make-up classes for cancelled classes by the instructor will be decided on a class by class basis.

For your convenience, we now offer both full payment and payment plan options for Naperville Dance Academy Recital Programs.

## Ballet: Junior • Ages: 5-7

Dancers begin their ballet training learning basic ballet exercises while incorporating musicality and rhythm and focusing on classroom etiquette, posture, ballet terminology and positions of the feet, arms and body. (bm)

CODE	DATE	DAY	TIME	R/N R(SDR)/N ••
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
29010	Sep 10-May 20	M	5:20-6:05 pm	\$390/\$420
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29011	Sep 13-May 23	Th	5:05-5:50 pm	\$413/\$443
29012	Sep 15-May 18	Sa	9:35-10:20 am	\$402/\$432
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29013	Sep 10-May 20	M	4:30-5:15 pm	\$390/\$420 ••

## Ballet: Level 1 • Ages: 7-12

This program incorporates basic barre exercises and center work focusing on arm and head coordination, rhythm, correct body alignment, change of direction and poise. (bm)

CODE	DATE	DAY	TIME	R/N R(SDR)/N ••
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
29017	Sep 10-May 20	M	6:10-7:10 pm	\$425/\$455
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29016	Sep 10-May 20	M	4:30-5:30 pm	\$425/\$455
29020	Sep 13-May 23	Th	5:55-6:55 pm	\$450/\$480
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29015	Sep 13-May 23	Th	4:00-5:00 pm	\$450/\$480 ••

## Ballet: Level 2 • Ages: 8-13

Dancers begin learning petit allegro movements in the center and continue to focus on the ballet skills begun at previous levels. The correct execution of steps is encouraged and more difficult combinations are taught. (bm)

CODE	DATE	DAY	TIME	R/N
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29018	Sep 10-May 20	M	5:35-6:35 pm	\$425/\$455

## VOLUNTEER WITH US ALL YEAR!

The Naperville Park District has year-round volunteer opportunities.

For more information or to see upcoming opportunities visit [napervilleparks.org/volunteer](http://napervilleparks.org/volunteer).



## Ballet: Level 3 • Ages: 11-14

Dancers begin working on a full ballet barre and more intricate center work including grand allegro movements. Technique is emphasized and more detailed corrections are given. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29021	Sep 12-May 22	W	5:35-6:50 pm	\$482/\$512

## Ballet: Level 4 • Ages: 11-18

Dancers continue their ballet study with the addition of new movements including advanced pirouettes, allegro steps and increased complexity of arm, leg and head coordination while maintaining correct body alignment and executing core strength while promoting flexibility and stamina. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29022	Sep 11-May 21	Tu	5:05-6:35 pm	\$519/\$549
29024	Sep 12-May 22	W	6:55-8:25 pm	\$519/\$549

## Ballet: Level 5 • Ages: 14-18

Ballet students focus on technique along with artistry during a full barre, complex center work, adagio movement and various allegro exercises. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29025	Sep 11-May 21	Tu	7:30-9:15 pm	\$556/\$586

## Competition Dance • Ages: 8-12

This program is a fun and challenging way for dancers to take their dancing to the next level. Students work together as a team to learn routines to perform at regional dance competitions in the area. The competition dance team provides a way for students to excel individually as well as in a team atmosphere. The team competes in routines of various disciplines including jazz, modern, hip-hop, tap and more and participates in two dance competitions during the September-May season. Costumes fees and competition entrance fees are paid separately. All participants also must be registered for an additional technique class to be eligible to compete. There is a parent/student meeting during the first 15 minutes of the first class. (bm)

CODE	DATE	DAY	TIME	R/N
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29026	Sep 11-May 21	Tu	6:55-7:55 pm	\$450/\$480

For your convenience, we now offer both full payment and payment plan options for Naperville Dance Academy Recital Programs.

## Hip Hop/Jazz • Ages: 7-14

This program provides a structured method of learning various hip hop and jazz dance moves in a fun-filled, vibrant environment. It focuses on age-appropriate dance steps and music. Kids love combining street dance with funk and jazz, similar to what they see in televised dance performances or music videos. This progressive program challenges dancers in a variety of hip-hop and jazz techniques. (bm)

CODE	DATE	DAY	TIME	R/N R(SDR)/N ••
<b>Level 1 • Ages: 7-12</b>				
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29028	Sep 10-May 20	M	4:30-5:30 pm	\$425/\$455
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29029	Sep 10-May 20	M	5:20-6:20 pm	\$425/\$455 ••
<b>Level 2 • Ages: 8-13</b>				
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29032	Sep 10-May 20	M	5:35-6:35 pm	\$425/\$455
<b>Level 3 • Ages: 11-14</b>				
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29033	Sep 13-May 23	Th	6:25-7:25 pm	\$450/\$480

## Jazz: Level 1 • Ages: 7-12

Learn more of the basics of jazz technique while focusing on body alignment and different directions of movement. (bm)

CODE	DATE	DAY	TIME	R(SDR)/N ••
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29034	Sep 13-May 23	Th	5:05-6:05 pm	\$450/\$480 ••

## Jazz: Level 2 • Ages: 8-13

Dancers build technique and begin to use strengthening exercises to build stamina and increase their knowledge of jazz footwork and style. (bm)

CODE	DATE	DAY	TIME	R(SDR)/N ••
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29035	Sep 13-May 23	Th	6:10-7:10 pm	\$450/\$480 ••

## Jazz: Level 3 • Ages: 11-14

Students expand their jazz dancing with more complicated rhythms and syncopation, build their dance vocabulary, use various dynamics and tempos and investigate numerous styles of jazz. (bm)

CODE	DATE	DAY	TIME	R/N R(SDR)/N ••
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29037	Sep 10-May 20	M	6:40-7:55 pm	\$455/\$485
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29038	Sep 12-May 22	W	6:40-7:55 pm	\$482/\$512 ••

## Jazz: Level 4 • Ages: 11-18

Dancers begin to work on more stylized and advanced movements in the technique and perfect their performance quality and artistry. (bm)

CODE	DATE	DAY	TIME	R/N
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29039	Sep 11-May 21	Tu	5:30-7:00 pm	\$519/\$549

## Jazz: Level 5 • Ages: 14-18

Advanced dancers begin to use their strength, flexibility, correct alignment and coordination to execute complicated exercises and continue perfecting their performance quality and artistry. (bm)

CODE	DATE	DAY	TIME	R(SDR)/N ••
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29040	Sep 11-May 21	Tu	7:05-8:50 pm	\$556/\$586 ••

## Modern/Contemporary I • Ages: 10-16

Modern/Contemporary combines stretching and strengthening to lengthen a dancer's muscles and body. Extensive center warmup and cross floor material is taught. Core strength is developed to facilitate execution of skills and follows traditional styles of movement. Program explores the qualities of released and off-balance dancing while daring students to find disparate qualities of stillness and explosion. Students are encouraged to develop an individual style driven by their internal life and the specificity of their bodies. Prior ballet and/or jazz experience required. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29041	Sep 10-May 20	M	8:00-9:15 pm	\$455/\$485

<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29042	Sep 11-May 21	Tu	5:20-6:35 pm	\$482/\$512

## Modern/Contemporary II • Ages: 13-18

Modern/Contemporary combines a more advanced stretching and strengthening to lengthen a dancer's muscles and body. Extensive and more complex center warmup and cross floor material is taught at a faster pace. Explore the various forms of modern/contemporary techniques that manipulate how the body moves through space and improvisational movement that helps develop and enhance your individual style. Prerequisite is Modern/Contemporary I or two years of ballet experience. (bm)

CODE	DATE	DAY	TIME	R/N
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29043	Sep 10-May 20	M	6:40-8:10 pm	\$490/\$520

## Tap: Beginning • Ages: 6-12

This tap program presents the rhythms and sounds of tap dance in a fun and upbeat way. As dancers progress, they add on to beginning rhythms and steps while sharpening their memory and improving coordination. Program explores more complex techniques and patterns while challenging the students to open their tap dance movement vocabulary, increasing their confidence and tap dance knowledge. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
<b>Ages: 6-9</b>				
29030	Sep 13-May 23	Th	4:15-5:15 pm	\$450/\$480

<b>Ages: 9-12</b>				
29031	Sep 13-May 23	Th	5:20-6:20 pm	\$450/\$480

## Élan Dance Company • Ages: 9-18

The Élan Dance Company provides an entry point for young people who want to gain knowledge and experience in the art of dance performance. With a high level of artistic integrity, the Company engages our dancers in the community to help them move forward with confidence and preparedness in their future endeavors. Participants must audition in May of each year. Please contact the Dance Coordinator for audition information at 630-848-3618. Costume fees are paid separately if applicable. The program is partially funded by a grant from the Illinois Arts Council, a state agency. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
<b>Junior Company • Ages: 9-13</b>				
29046	Sep 15-May 18	Sa	11:15 am-12:45 pm	\$567/\$597

<b>Apprentice Company • Ages: 12-16</b>				
29045	Sep 15-May 18	Sa	12:45-2:15 pm	\$567/\$597

<b>Senior Company • Ages: 14-18</b>				
29047	Sep 15-May 18	Sa	2:15-4:15 pm	\$579/\$609

For your convenience, we now offer both full payment and payment plan options for Naperville Dance Academy Recital Programs.

## RECITAL CLASS WEEKS

Mon., Sep. 10-Sat., Dec. 15 and Tue., Jan. 8-Fri., May 24

FOR DANCE ATTIRE PLEASE VISIT [NAPERVILLEPARKS.ORG/DANCE](http://NAPERVILLEPARKS.ORG/DANCE)

## Autumn 2018 Recital Classes

CLASS	AGES	DAY	TIME	LOCATION	9 MONTH FEE (PAYMENT PLAN FEE)	CODE
Ballet	Junior	Monday	4:30-5:15pm	NCHS	\$390(130)R/SDR/\$420(140) NR	29013
Ballet	Junior	Monday	5:20-6:05pm	95th St Center	\$390(130)R/SDR/\$420(140) NR	29010
Ballet	Junior	Thursday	5:05-5:50pm	Fort Hill	\$413(137.67)R/\$443(147.67) NR	29011
Ballet	Junior	Saturday	9:35-10:20am	Fort Hill	\$402(134)R/\$432(144) NR	29012
Ballet	Level 1	Monday	4:30-5:30pm	Fort Hill	\$425(141.67)R/\$455(151.67) NR	29016
Ballet	Level 1	Monday	6:10-7:10pm	95th St Center	\$425(141.67)R/\$455(151.67) NR	29017
Ballet	Level 1	Thursday	4:00-5:00pm	NCHS	\$450(150)R/SDR/\$480(160) NR	29015
Ballet	Level 1	Thursday	5:55-6:55pm	Fort Hill	\$450(150)R/SDR/\$480(160) NR	29020
Ballet	Level 2	Monday	5:35-6:35pm	Fort Hill	\$425(141.67)R/\$455(151.67) NR	29018
Ballet	Level 3	Wednesday	5:35-6:50pm	ARRCC	\$482(160.67)R/\$512(170.67) NR	29021
Ballet	Level 4	Tuesday	5:05-6:35pm	ARRCC	\$519(173)R/\$549(183)NR	29022
Ballet	Level 4	Wednesday	6:55-8:25pm	ARRCC	\$519(173)R/\$549(183)NR	29024
Ballet	Level 5	Tuesday	7:30-9:15pm	ARRCC	\$556(185.33)R/\$586(195.33)NR	29025
Competition Dance	Ages 8-12	Tuesday	6:55-7:55pm	Fort Hill	\$450(150)R/SDR/\$480(160) NR	29026
Élan Dance Company	Junior Company	Saturday	11:15am-12:45pm	ARRCC	\$567(189)R/\$597(199)NR	29046
Élan Dance Company	Apprentice Company	Saturday	12:45-2:15pm	ARRCC	\$567(189)R/\$597(199)NR	29045
Élan Dance Company	Senior Company	Saturday	2:15-4:15pm	ARRCC	\$579(193)R/\$609(203)NR	29047
Jazz	Level 1	Thursday	5:05-6:05pm	NCHS	\$450(150)R/SDR/\$480(160) NR	29034
Jazz	Level 2	Thursday	6:10-7:10pm	NCHS	\$450(150)R/SDR/\$480(160) NR	29035
Jazz	Level 3	Monday	6:40-7:55pm	ARRCC	\$455(151.67)R/\$485(161.67)NR	29037
Jazz	Level 3	Wednesday	6:40-7:55pm	NCHS	\$482(160.67)R/SDR/\$512(170.67) NR	29038
Jazz	Level 4	Tuesday	5:30-7:00pm	NCHS	\$519(173)R/SDR/\$549(183)NR	29039
Jazz	Level 5	Tuesday	7:05-8:50pm	NCHS	\$556(185.33)R/SDR/\$586(195.33)NR	29040
Modern/Contemporary I	Ages 10-16	Monday	8:00-9:15pm	ARRCC	\$455(151.67)R/\$485(161.67)NR	29041
Modern/Contemporary I	Ages 10-16	Tuesday	5:20-6:35pm	Fort Hill	\$482(160.67)R/\$512(170.67) NR	29042
Modern/Contemporary II	Ages 13-18	Monday	6:40-8:10pm	Fort Hill	\$490(163.33)R/\$520(173.33)NR	29043
Tap: Beginning	Ages 6-9	Thursday	4:15-5:15pm	ARRCC	\$450(150)R/SDR/\$480(160) NR	29030
Tap: Beginning	Ages 9-12	Thursday	5:20-6:20pm	ARRCC	\$450(150)R/SDR/\$480(160) NR	29031
Hip Hop/Jazz: Level 1	Ages 7-12	Monday	4:30-5:30pm	ARRCC	\$425(141.67)R/\$455(151.67) NR	29028
Hip Hop/Jazz: Level 1	Ages 7-12	Monday	5:20-6:20pm	NCHS	\$425(141.67)R/SDR/\$455(151.67) NR	29029
Hip Hop/Jazz: Level 2	Ages 8-13	Monday	5:35-6:35pm	ARRCC	\$425(141.67)R/\$455(151.67) NR	29032
Hip Hop/Jazz: Level 3	Ages 11-14	Thursday	6:25-7:25pm	ARRCC	\$450(150)R/SDR/\$480(160) NR	29033

**Class weeks:** Mon., Sep. 10-Sat., Dec. 15 and Tue., Jan. 8-Fri., May 24

**No Class:** Mon., Nov. 19-Sat., Nov. 24, Mon., Mar. 25-Mon., Apr. 1 and Sat., Mar. 9 for RCC Classes only

## RECITAL CLASS WEEKS

Mon., Sep. 10-Sat., Dec. 15 and Tue., Jan. 8-Fri., May 24

FOR DANCE ATTIRE PLEASE VISIT [NAPERVILLEPARKS.ORG/DANCE](http://NAPERVILLEPARKS.ORG/DANCE)

## SEASONAL PROGRAMS

Instructional dance programs are offered on a seasonal basis. These program participants do not perform at the annual spring dance recital.

In the Winter Program Guide, which is released in early December, we will have a few additional new programs that will be a part of the recital. These new recital programs will be beginner level programs for dancers 3-14 years. Please note that many of the current Seasonal dance classes will turn into Recital dance classes for the Winter 2019 season.

**•• Due to the continued growth of our program we are no longer able to offer make-up classes. Make-up classes for cancelled classes by the instructor will be decided on a class by class basis.**

For dance attire please visit [www.napervilleparks.org/dance](http://www.napervilleparks.org/dance)

### Dates:

- Mon., Sep. 10- Sat., Dec. 15

### No Class:

- Mon., Nov. 19- Sat., Nov. 24

### Parent Observation:

- Mon., Oct. 22-Sat., Oct. 27
- Mon., Dec. 10-Sat., Dec. 15

## Ballet: Adult Beginning • Ages: 16 and up

Learn the fundamentals of ballet while lengthening and strengthening your body and increasing your flexibility. This program is perfect for students new to ballet or those looking to return to the art. (bm)

CODE	DATE	DAY	TIME	R/N
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
30478	Sep 10-Dec 10	M	7:15-8:15 pm	\$163/\$193
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29062	Sep 13-Dec 13	Th	7:00-8:00 pm	\$163/\$193

## Ballet Basics • Ages: 3-5

Looking to enter the world of ballet? Younger and beginning dancers are able to explore dance and expand their ballet knowledge in this program focused on classroom etiquette, posture, ballet terminology and intricate positions of the feet, arms and body in a creative and expressive environment. (bm)

CODE	DATE	DAY	TIME	R/N
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
29055	Sep 15-Dec 15	Sa	8:45-9:30 am	\$150/\$180
29054	Sep 15-Dec 15	Sa	10:25-11:10 am	\$150/\$180
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29086	Sep 10-Dec 10	M	10:55-11:40 am	\$150/\$180
29052	Sep 11-Dec 11	Tu	4:15-5:00 pm	\$150/\$180
29051	Sep 12-Dec 12	W	9:30-10:15 am	\$150/\$180
30473	Sep 12-Dec 12	W	11:45 am-12:30 pm	\$150/\$180
29056	Sep 12-Dec 12	W	12:35-1:20 pm	\$150/\$180
29049	Sep 15-Dec 15	Sa	9:35-10:20 am	\$150/\$180
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29050	Sep 11-Dec 11	Tu	9:30-10:15 am	\$150/\$180
29053	Sep 15-Dec 15	Sa	8:45-9:30 am	\$150/\$180

## Ballet/Tap Combo • Ages: 3-5

This program is designed to build a solid dance foundation. Dancers learn proper posture and technique while being introduced to dance terminology from both dance styles. The program focuses on the fundamentals of ballet technique, incorporating tap to help with rhythm, tempo and distribution of weight. (bm)

CODE	DATE	DAY	TIME	R/N
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
29060	Sep 10-Dec 10	M	4:30-5:15 pm	\$150/\$180
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29059	Sep 10-Dec 10	M	10:05-10:50 am	\$150/\$180
30477	Sep 12-Dec 12	W	10:55-11:40 am	\$150/\$180
29061	Sep 14-Dec 14	F	10:05-10:50 am	\$150/\$180
29058	Sep 15-Dec 15	Sa	10:25-11:10 am	\$150/\$180

## SEASONAL CLASS WEEKS

Mon., Sep. 10-Sat., Dec. 15

FOR DANCE ATTIRE PLEASE VISIT [NAPERVILLEPARKS.ORG/DANCE](http://NAPERVILLEPARKS.ORG/DANCE)

## Ballet: Pre-Pointe • Ages: 14-18

Designed to prepare dancers for the study of pointe work, this program emphasizes strengthening exercises for the legs and feet. Dancers learn about pointe shoes, how to properly affix and tie pointe shoe ribbons and proper foot care. Pre-Pointe also may be recommended for a dancer who is physically unable to undertake the rigors of pointe work, but can benefit from the exercises offered and would enjoy learning about the process of dancing on pointe. Dancers remain in Pre-Pointe until they are formally advanced by the instructor to study on pointe. Dancers may wear ballet shoes or pre-pointe shoes. Pointe shoes also may be worn if recommended by the instructor. All students must have completed at least one year of Ballet: Level 4 and be currently be enrolled in Ballet: Level 4 for the second year or Ballet: Level 5 or have equivalent experience for placement in this program. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
30488	Sep 11-Dec 11	Tu	6:40-7:25 pm	\$150/\$180

## Boys' Hip Hop • Ages: 6-10

Focused on rhythm, syncopation and stage presence, this program is a combination of jazz funk and street jazz. Hip hop is a style of dance that requires high energy, attention to detail and an understanding of complex rhythms. Students develop body strength, flexibility and stamina in a welcoming environment just for boys! (bm)

CODE	DATE	DAY	TIME	R/N
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
30492	Sep 11-Dec 11	Tu	4:15-5:15 pm	\$163/\$193

## Creative Movement • Ages: 3-7

Creative Movement is an introductory class that explores the basic fundamentals of dance and movement through creative expression and dance. Students learn terminology and correct posture while moving through basic dance technique. (bm)

CODE	DATE	DAY	TIME	R/N
<b>Ages: 3-5</b>				
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
30490	Sep 13-Dec 13	Th	5:05-5:50 pm	\$150/\$180
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29089	Sep 12-Dec 12	W	2:15-3:00 pm	\$150/\$180
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29088	Sep 11-Dec 11	Tu	10:20-11:05 am	\$150/\$180
<b>Ages: 5-7</b>				
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
30491	Sep 13-Dec 13	Th	5:55-6:40 pm	\$150/\$180

## Dance and Pom • Ages: 8-12

Introducing students to dance techniques commonly used by dance teams is the main focus of this program that incorporates teaching sharp, clean motions through across the floor and pom combinations while also concentrating on the many skills that are required by dance teams such as jumps, leaps, and turns. It is designed to help each dancer identify and work on specific techniques and skills needed to improve their understanding and performance of these moves. (bm)

CODE	DATE	DAY	TIME	R/N
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29063	Sep 14-Dec 14	F	4:50-5:50 pm	\$163/\$193

## Hip Hop/Jazz Fusion • Ages: 6-14

Filled with great music and good times, this program provides a structured method of learning various hip hop and jazz dance moves in a fun-filled, vibrant environment. It focuses on age-appropriate dance steps and music. Kids love combining street dance with funk and jazz, similar to what they see in televised dance performances or music videos. (bm)

CODE	DATE	DAY	TIME	R/N R(SDR)/N ..
<b>Ages: 6-9</b>				
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29074	Sep 14-Dec 14	F	5:55-6:55 pm	\$163/\$193
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29065	Sep 12-Dec 12	W	4:30-5:30 pm	\$163/\$193 ..

CODE	DATE	DAY	TIME	R/N
<b>Ages: 9-12</b>				
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29066	Sep 12-Dec 12	W	4:30-5:30 pm	\$163/\$193

CODE	DATE	DAY	TIME	R/N
<b>Ages: 10-14</b>				
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
29067	Sep 12-Dec 12	W	5:35-6:35 pm	\$163/\$193 ..

## Hippity Hoppers • Ages: 3-7

This program introduces the Hip Hop phenomenon to the younger dancer. Students learn basic technique while building strength, balance and musicality. (bm)

CODE	DATE	DAY	TIME	R/N
<b>Ages: 3-5</b>				
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29071	Sep 12-Dec 12	W	1:25-2:10 pm	\$150/\$180
29069	Sep 14-Dec 14	F	4:00-4:45 pm	\$150/\$180
29070	Sep 15-Dec 15	Sa	8:45-9:30 am	\$150/\$180
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29072	Sep 15-Dec 15	Sa	10:25-11:10 am	\$150/\$180
<b>Ages: 5-7</b>				
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29073	Sep 15-Dec 15	Sa	11:15 am-12:00 pm	\$150/\$180

## Pirouette with Me • Ages: 18 months-3 years

Explore ballet with your little one in this special program that includes props, stories, music and more! It focuses on engaging little ones with familiar music in a high-energy environment introducing ballet technique while building coordination skills, memory and listening skills. Ballet shoes are optional for parent/caregiver. Adult is free and must accompany child; maximum two children per adult. Please register each child separately. (bm)

CODE	DATE	DAY	TIME	R/N
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
29079	Sep 13-Dec 13	Th	4:30-5:00 pm	\$137/\$167
29078	Sep 15-Dec 15	Sa	11:15-11:45 am	\$137/\$167
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29077	Sep 10-Dec 10	M	9:30-10:00 am	\$137/\$167
29076	Sep 12-Dec 12	W	10:20-10:50 am	\$137/\$167
29080	Sep 14-Dec 14	F	10:55-11:25 am	\$137/\$167

## Storybook Ballet • Ages: 3-5

Perfect for young princes and princesses who love to dance and act, this stimulating program opens up the imagination of new dancers with stories, nursery rhymes, music and exciting props. It teaches dance in a creative atmosphere while strengthening basic motor and social skills. Using costumes, lively music and storytelling, fairy tales become real and each beloved character comes to life. Dancers learn ballet movement and vocabulary in an imaginative and creative atmosphere. (bm)

CODE	DATE	DAY	TIME	R/N
<b>95th Street Wood Floor Studio 208/209 • 2244 W. 95th St.</b>				
29085	Sep 15-Dec 15	Sa	9:35-10:20 am	\$150/\$180
<b>ARRCC Dance Room 123 • 305 W. Jackson Ave.</b>				
29084	Sep 14-Dec 14	F	9:15-10:00 am	\$150/\$180
<b>Fort Hill Studio B • 20 Fort Hill Dr.</b>				
29083	Sep 11-Dec 11	Tu	11:10-11:55 am	\$150/\$180
29082	Sep 13-Dec 13	Th	4:15-5:00 pm	\$150/\$180

## Stretch and Strengthen • Ages: 9-18

Focus on developing strength and flexibility to prevent injuries and to improve your dance technique. Work on improving posture, strengthening muscles and increasing flexibility and range of motion. (bm)

CODE	DATE	DAY	TIME	R(SDR)/N ••
<b>NCHS Community Room - Enter Door #28 • 440 W. Aurora Ave.</b>				
30472	Sep 10-Dec 10	M	6:25-7:25 pm	\$163/\$193••



## SEASONAL CLASS WEEKS

Mon., Sep. 10-Sat., Dec. 15

FOR DANCE ATTIRE PLEASE VISIT [NAPERVILLEPARKS.ORG/DANCE](http://NAPERVILLEPARKS.ORG/DANCE)





## Autumn 2018 Seasonal Classes

CLASS	AGES	DAY	TIME	LOCATION	FEE	CODE
Ballet Basics	3-5 years	Monday	10:55-11:40am	ARRCC	\$150 R/\$180 NR	29086
Ballet Basics	3-5 years	Tuesday	9:30-10:15am	Fort Hill	\$150 R/\$180 NR	29050
Ballet Basics	3-5 years	Tuesday	4:15-5:00pm	ARRCC	\$150 R/\$180 NR	29052
Ballet Basics	3-5 years	Wednesday	9:30-10:15am	ARRCC	\$150 R/\$180 NR	29051
Ballet Basics	3-5 years	Wednesday	11:45am-12:30pm	ARRCC	\$150 R/\$180 NR	30473
Ballet Basics	3-5 years	Wednesday	12:35-1:20pm	ARRCC	\$150 R/\$180 NR	29056
Ballet Basics	3-5 years	Saturday	8:45-9:30am	95th St Center	\$150 R/\$180 NR	29055
Ballet Basics	3-5 years	Saturday	8:45-9:30am	Fort Hill	\$150 R/\$180 NR	29053
Ballet Basics	3-5 years	Saturday	9:35-10:20am	ARRCC	\$150 R/\$180 NR	29049
Ballet Basics	3-5 years	Saturday	10:25-11:10am	95th St Center	\$150 R/\$180 NR	29054
Ballet: Pre-Pointe	14-18 years	Tuesday	6:40-7:25pm	ARRCC	\$150 R/\$180 NR	30488
Ballet/Tap Combo	3-5 years	Monday	10:05-10:50am	ARRCC	\$150 R/\$180 NR	29059
Ballet/Tap Combo	3-5 years	Monday	4:30-5:15pm	95th St Center	\$150 R/\$180 NR	29060
Ballet/Tap Combo	3-5 years	Wednesday	10:55-11:40am	ARRCC	\$150 R/\$180 NR	30477
Ballet/Tap Combo	3-5 years	Friday	10:05-10:50am	ARRCC	\$150 R/\$180 NR	29061
Ballet/Tap Combo	3-5 years	Saturday	10:25-11:10am	ARRCC	\$150 R/\$180 NR	29058
Ballet: Adult Beginning	16 years and up	Monday	7:15-8:15pm	95th St Center	\$163 R/\$193 NR	30478
Ballet: Adult Beginning	16 years and up	Thursday	7:00-8:00pm	Fort Hill	\$163 R/\$193 NR	29062
Boys' Hip Hop	6-10 years	Tuesday	4:15-5:15pm	Fort Hill	\$163 R/\$193 NR	30492
Creative Movement	3-5 years	Tuesday	10:20-11:05am	Fort Hill	\$150 R/\$180 NR	29088
Creative Movement	3-5 years	Wednesday	2:15-3:00pm	ARRCC	\$150 R/\$180 NR	29089
Creative Movement	3-5 years	Thursday	5:05-5:50pm	95th St Center	\$150 R/\$180 NR	30490
Creative Movement	5-7 years	Thursday	5:55-6:40pm	95th St Center	\$150 R/\$180 NR	30491
Dance and Pom	8-12 years	Friday	4:50-5:50pm	ARRCC	\$163 R/\$193 NR	29063
Hip-Hop/Jazz Fusion	6-9 years	Wednesday	4:30-5:30pm	NCHS	\$163 R/SDR/\$193 NR	29065
Hip-Hop/Jazz Fusion	6-9 years	Friday	5:55-6:55pm	ARRCC	\$163 R/\$193 NR	29074
Hip-Hop/Jazz Fusion	9-12 years	Wednesday	4:30-5:30pm	ARRCC	\$163 R/\$193 NR	29066
Hip-Hop/Jazz Fusion	10-14 years	Wednesday	5:35-6:35pm	NCHS	\$163 R/SDR/\$193 NR	29067
Hippity Hoppers	3-5 years	Wednesday	1:25-2:10pm	ARRCC	\$150 R/\$180 NR	29071
Hippity Hoppers	3-5 years	Friday	4:00-4:45pm	ARRCC	\$150 R/\$180 NR	29069
Hippity Hoppers	3-5 years	Saturday	8:45-9:30am	ARRCC	\$150 R/\$180 NR	29070
Hippity Hoppers	3-5 years	Saturday	10:25-11:10am	Fort Hill	\$150 R/\$180 NR	29072
Hippity Hoppers	5-7 years	Saturday	11:15am-12:00pm	Fort Hill	\$150 R/\$180 NR	29073
Pirouette with Me	18 mos-3 years	Monday	9:30-10:00am	ARRCC	\$137 R/\$167 NR	29077
Pirouette with Me	18 mos-3 years	Wednesday	10:20-10:50am	ARRCC	\$137 R/\$167 NR	29076
Pirouette with Me	18 mos-3 years	Thursday	4:30-5:00pm	95th St Center	\$137 R/\$167 NR	29079
Pirouette with Me	18 mos-3 years	Friday	10:55-11:25am	ARRCC	\$137 R/\$167 NR	29080
Pirouette with Me	18 mos-3 years	Saturday	11:15-11:45am	95th St Center	\$137 R/\$167 NR	29078
Stretch and Strengthen	9-18 years	Monday	6:25-7:25pm	NCHS	\$163 R/SDR/\$193 NR	30472
Storybook Ballet	3-5 years	Tuesday	11:10-11:55am	Fort Hill	\$150 R/\$180 NR	29083
Storybook Ballet	3-5 years	Thursday	4:15-5:00pm	Fort Hill	\$150 R/\$180 NR	29082
Storybook Ballet	3-5 years	Friday	9:15-10:00am	ARRCC	\$150 R/\$180 NR	29084
Storybook Ballet	3-5 years	Saturday	9:35-10:20am	95th St Center	\$150 R/\$180 NR	29085

**Class weeks:** Mon., Sep. 10 – Sat., Dec. 15

**No Class:** Mon., Nov. 19 – Sat., Nov. 24